The term Center for Independent Living (CIL) or Independent Living Center means a consumer-controlled, community-based, cross-disability, nonresidential, nonprofit 501 (c) 3 agency. CILs are designed and operated within a local community by individuals with disabilities and provide an array of independent living services.

51% of staff are persons with disabilities; 51% of Board of Directors are persons with disabilities; and provides five core services:
- Information & referral
- Independent living skills training
- Individual and systems advocacy
- Peer counseling

Transition: transition from nursing homes and other institutions to community-based residences; assisting individuals to avoid institutional placement; and transition of youth with significant disabilities after completion of secondary education to postsecondary life.

Ticket to Work

This is a service for people on Social Security Disability who are interested in going to work to increase income.
- **Employment Networks (EN)** - ENs can help you with free career counseling, job placement, and then ongoing support once you have started working.
- **Work Incentives Planning & Assistance (WIPA)** - WIPA projects are community-based organizations that work to enable beneficiaries with disabilities to make informed choices about work, and to support working beneficiaries to make a successful transition to financial independence. This helps you understand how working affects your disability benefits.
- **Protection & Advocacy for Beneficiaries of Social Security (PABSS)** - The PABSS Program helps people with disabilities who receive Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) and have a disability-related employment issue. PABSS advocates provide legal support, advocacy and information to assist beneficiaries to resolve employment-related concerns.
- **Workforce Employment Networks (WF)** - Workforce ENs are ENs that are also part of a state's public workforce system. Workforce ENs provide access to a wide array of employment support services, including training programs and special programs for youth in transition and veterans. A Ticket to Work participant who assigns their Ticket to a Workforce EN will either work with a
Workforce EN directly or via other providers in the workforce system, including American Job Centers.

- **Vocational Rehabilitation (VR)** - State VR can help you if you want to return to work but need more significant services before you can start. VR may be able to help with home modifications, vehicle modifications, education, job assistance, and more.

**Job Accommodation Network**

[www.askjan.org](http://www.askjan.org)

The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities enhance their employability, and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

**Technology Access Program**

Google Search for this in your state

The federal government recognized the importance of assistive technology in helping people with disabilities become fully engaged as early as 1988 by enacting legislation now known as the Assistive Technology Act. This led to the US Department of Education’s ability to administer funding for states to develop their own assistive technology programs. This funding has allowed every state and US territory to offer a program which provides assistive technology support to its residents.